



*Learning for the Love of it*

# FALL 2020 ONLINE COURSES

NON CREDIT AND NON COMPETITIVE COURSES

SPONSORED BY SUNY NEW PALTZ -THE OFFICE OF EXTENDED LEARNING

ELDERHOSTEL/ ROAD SCHOLAR AFFILIATE

LLI IS VOLUNTEER MEMBER RUN ORGANIZATION

**REGISTER BY**

**AUG 19**

**CLASSES FILL  
EARLY**

## Dear Members

It's amazing how seeing a face - family, friend, classmate - can make all the difference.

A picture works, but an animated version elevates a one dimensional interaction either online or face to face.

A smile, a laugh, an expression, body language, the corny joke, the funny hat, the quick wit, the quirky personality, the arched eyebrow and more are what make the person and the words come alive.

During the past few months, we have worked to provide not only courses but an opportunity to have give and take interactions with your presenters and classmates. The formats may not be perfect - but you will be able to reconnect.

Looking forward to seeing all your faces,  
Mary Hilley  
President



Welcome to the Lifetime Learning Institute's 2020 Fall Catalog. For this session **ALL CLASSES WILL BE VIRTUAL USING ZOOM.** Connection links and info will be sent by email before each class. **For those not familiar with Zoom Classes, practice sessions will be available in early September.**

You will notice that the times for the classes are different from our previous live classes. Each class will open on the hour and allow 15 minutes for participants to get signed on and chat with other members of the class. The Classroom host (CA) will call the class to order at 15 minutes after the opening of the class which will run for the usual 75 minutes. We have scheduled 30 minutes between classes so that if you plan back to back classes you have time to get up, move about and even get something to eat or drink.



There are 14 classes scheduled for the fall. This is about half the number we usually offer, but you will see there is a varied selection for you to choose from. We have followed our usual format of Wednesday/Friday classes with one exception – a book discussion class on Thursday.

Another change beginning this fall is that registration is by email only. Along with this catalog, you have received the registration form. Please fill it out and return it as soon as possible.

Remember that the last day to register is August 19<sup>th</sup>. All classes are first come, first served. There are no Lottery classes, but some classes do have a class limit.



**REGISTRATION** This catalog presents classes covering the coming Fall semester. Courses are open to 2019-2020 LLI members and 2020 Spring members whose registration has been extended to cover the Fall semester.

## FALL 2020 COURSES AT A GLANCE

### WEDNESDAY 8-WEEK COURSES

Current Events-----	4
Exploring Online Chess: A Better Way to Learn & Play -----	4

### WEDNESDAY EARLY 4-WEEK COURSES

From Fiction to Film-----	4
Jewish Greats of Rock and Roll Part I -----	5
The Mindful Senior-----	5
The Play’s The Thing on Line-----	6

### WEDNESDAY LATE FOUR-WEEK COURSES

A Brief History of Time-----	6
Have Fun Playing the Ukulele ( <b>Repeat Class</b> ) -----	6
History, Art & Culture of Ulster County-----	7

### FRIDAY EIGHT-WEEK COURSES

Reading George Eliot's Middlemarch -----	7
--	---

### FRIDAY EARLY FOUR-WEEK COURSES

Isolation -----	8
An Exploration of Early Government and Voting Rights in the New Paltz Region -----	8

### FRIDAY LATE FOUR-WEEK COURSES

New Paltz West of the Wallkill -----	9
--------------------------------------	---

### SPECIAL COURSES

Book Discussion- Special Interest Group-----	9
--	---



**CURRENT EVENTS DISCUSSION**  
**Wednesday Sep 23, 30, Oct 7, 14, 21, 28,**  
**Nov 4, 11**  
**3:00-4:30**  
**Presenter: Bill Goldman**  
**Class Limit 20**

This course is a discussion group of current events focusing on the most significant international and national news. Each week before class, the leader/facilitator will email a few key articles or editorials to the participants for their reading and class discussion. The facilitator will manage the discussion to maximize participation and the coverage of the issues while maintaining basic decorum. Participants should come prepared to discuss the issues presented in the provided articles and by reading leading newspapers, journals and other media sources.

Bill Goldman has had a long term interest in current events, especially in international affairs. He worked and lived as a Peace Corps Volunteer and a USAID foreign service officer in 7 countries over 30 years managing assistance for reproductive health, child survival, HIV/AIDS, and related public health programs.



**EXPLORING ONLINE CHESS:**  
**A BETTER WAY TO LEARN & PLAY**  
**WEDNESDAY Sep. 23, 30, Oct. 7, 14, 21, 28,**  
**Nov. 4, 11**  
**9:00-10:30**  
**Presenter: Ed Boden**

By exploring two excellent websites for online chess, participants will learn how to begin games, different ways of playing chess, about alternative games and how to use the vast library of chess problems available as well as how to use the computer to get advice and analyze games

Ed Boden has taught LLI Chess for a number of years and is a long time chess player. He has years of experience with chess websites and has used them in LLI classes



**FROM FICTION TO FILM**  
**WEDNESDAY Sep. 23, 30, Oct. 7, 14**  
**3:00-5:30**  
**Presenter: Suzanne Murphy**

We will read two classic works of fiction The Ox-Bow Incident by Walter Van Tilburg Clark and The Grapes of Wrath by John Steinbeck and view the films on which they were based. In the second week we will be

viewing a movie that runs 2 hours and 9 minutes, so the class will be 2 ½ hours. The third class movie is 1 hour and fifteen minutes, so the class will be 1½ hours. We will discuss the differences between literature and film and the considerations the screen writers and directors made in converting from one format to the other. **Books need to be read with some lead time for class discussion.**

Suzanne Murphy has taught a number of courses for LLI including Short Fiction and Film, Modern Drama, Classic Country Music, and Self as Other: A Gothic Tale. She has been a film buff most of her life and looks forward to sharing her love of literature & film once again.



**JEWISH GREATS OF ROCK AND ROLL  
PART I**

**WEDNESDAY Sep. 23, TUESDAY Sep 29**

**WEDNESDAY Oct. 7, 14**

**11:00-12:30**

**Presenter: Richard Sullivan**

Starting with R&B, we will explore the contributions Jewish performers, writers and composers have made to Rock and Roll.

Richard Sullivan has taught a number of music genre courses at LLI over the last number of years He is also a DJ of Doo-wop & Soul on the Internet.



**THE MINDFUL SENIOR**

**WEDNESDAY Sep. 23, 30, Oct. 7, 14**

**9:00-10:30**

**Presenter: Lyla Yastion**

Have you ever wondered why, as we age, we begin to forget simple things like where did I leave the keys or where are my glasses? Scientific research in brain function is showing that practice in mindfulness reenergizes brain cells enhancing cognitive capacities and reducing stress. This course will examine the effect of mindfulness practice on health, education and living a sustainable lifestyle and provide experiential tools whereby we can use mindfulness to enhance physical and mental health, deepen relationships, and provide insight into paths of spiritual development.

Lyla Yastion obtained a doctorate in anthropology at SUNY Albany and has taught anthropology and religious studies at the college level for 18 years. She taught Living Sustainably: Natures Way in several LLIs. She studied mindfulness research under Jon Kabat Zinn and is certified in Mindfulness-based stress reduction.



**THE PLAY'S THE THING ONLINE**  
**WEDNESDAY Sep. 23, 30, Oct. 7, 14**  
**3:00-4:30**  
**Presenter: Jessica Rothman**

What happens in the theatre community when the theaters are shut down? We move online! Continuing our partnership with the Theatre Department at SUNY New Paltz, we will be able to read and explore plays from their Staged Reading repertoire this year.

In this class we will read the script, formulate questions, and have online meetings with members of the creative staff (e.g. director, designer, actor, etc.) as well as having the opportunity to see pre-recorded cuttings from the productions. In this way we can remain safe while thoroughly engaged in the creative process of theatre.

As the Theatre Dept. is still planning its season, play(s) will be announced closer to the actual beginning of our class in September.

Jessica Rothman has been a theatre educator and director of both Shakespeare and Musical Theatre for four decades and has created curriculum guides for Broadway shows. She is a past NYS Director of the International Thespian Society and a member of SAG/AFTRA



**A BRIEF HISTORY OF TIME**  
**WEDNESDAY Oct. 21, 28, Nov. 4, 11**  
**1:00-2:30**  
**Presenter: Bill Tuel**

Do you have "time" for this? The presenter will lead the class through an understanding of time - what it means, how to measure it, and how it affects our models of the world. "Time" related concepts such as "relativity" and "uncertainty" will be introduced using Stephen Hawking's book, A Brief History of Time as a source. What a marvelous book title!

Bill Tuel is a retired IBMer. He engineered supercomputer software, where a millionth of a second was a "long" time. Since retiring, he has developed and presented courses on the history of science, His most recent LLI course was on the history of electricity and magnetism.



**HAVE FUN PLAYING THE UKULELE**  
**WEDNESDAY Oct. 21, 28, Nov. 4, 11**  
**11:00-12:30**

**Presenters: Judy Reichler & Sherrill Silver**  
**Class Limit 15**

The ukulele is all the rage right now and for good reason! It's fun to play and easy to learn the few chords needed for hundreds of songs. In an easy-going setting, we will sing songs

you already know and get you ready to continue on your own or play with others. Bring your own uke or play one that will be available for use during class. **Repeat Class**

Judy Reichler and Sherrill Silver are not accomplished musicians. If they can play the ukulele then you can too. Judy has taught many LLI courses and Sherill has a background of helping people achieve their goals



**HISTORY, ART & CULTURE OF ULSTER COUNTY**

**WEDNESDAY Oct. 21, 28, Nov. 4, 11**

**3:00-4:30**

**Presenters: Stephen Blauweiss & Karen Berelowitz**

Join us for an engaging 4-week course on the history, art and culture of Ulster County. Each week we will present historic photographs, original short films and a lively and engaging talk guaranteed to entertain and inform both experts and novices.

Week 1 features the eclectic history of Woodstock from 1819 to today;

Week 2 showcases a selection of regional artists covering a wide variety of disciplines and mediums;

Weeks 3 & 4 explore the history of Kingston, including the heyday of the Rondout, the old post office and its Midtown neighborhood, urban renewal and the vibrant commercial district of Uptown

Stephen Blauweiss is a local filmmaker and historian who works with his partner, Karen Berelowitz, documenting and presenting the arts, architecture and history of Ulster County through short films, books, museum quality exhibitions and engaging talks. They specialize in presenting less-known aspects of local history and the arts to audiences of all ages.



**READING GEORGE ELIOT'S MIDDLE-MARCH**

**FRIDAY Sep. 25, Oct. 2, 9, 16, 23, 30,**

**Nov. 6, 13**

**9:00-10:30**

**Presenter: Meta Plotnik**

George Eliot's most famous and pro-found novel is Middlemarch: A Study of Provincial Life published in 1872 She explores multiple themes such as love and marriage, religion and politics and develops complicated relationships between her many characters. We will spend some time on the historical and literary background of the novel including the Reform Act, Jane Austin, Charlotte Bronte and Eliot's early works to experience life in 19th century England. **We will pre-read about 100 pages for each class and participants are expected to share reactions and insights.** The Oxford World classic Middlemarch is recommended, but any complete edition will serve.

Meta Plotnik received her Ph.D in English from the Graduate School at CUNY. She taught English for 33 years and Women's Studies courses for 20 years. at Nassau Community College



### **ISOLATION**

**FRIDAY Sep. 25, Oct. 2, 9, 16**

**11:00-12:30**

**Presenter: Fred Mayo**

Many people in contemporary United States culture isolate themselves from other people and insulate themselves from current events or political news. These two phenomena often create social isolation which typically leads to loneliness, depression and an unhappy life. They also affect physical and spiritual health. In this course, we will discuss the various types of isolation, the causes of isolation, and the effect of isolation on individuals, couples and families. We will also examine strategies to help overcome isolation and improve physical and mental health.

Fred Mayo has taught LLI courses for several years, many focusing on elements of manners and dining. Two years ago, along with Judy Reichler, he taught Types of Tourism and last fall a class on Civility. Fred has finally retired from New York University where he was Clinical Professor of Hospitality and Tourism Management.



### **AN EXPLORATION OF EARLY GOVERNMENT AND VOTING RIGHTS IN THE NEW PALTZ REGION**

**FRIDAY Sep. 25, Oct. 2, 9, 16**

**3:00-4:30**

**Presenters: Anne Gordon, Carol Johnson, Eric Roth and Dr. Sally Roesch Wagner**

This course will consider how different cultures and populations (e.g. native American women, the Huguenot Duzine, the African American suffrage and Women's Suffrage ) were either granted or denied the right to vote and how this right affected each people's role and standing within their community. We will hear from four guest speakers about how privilege, race and gender all played roles in the history of local government and the fight for suffrage

#### **Four guest speakers:**

Anne Gordon has a background in library and archival work for the City of New York and served as the Ulster County Historian for seven years.

Carol Johnson, the coordinator of the Elting Memorial Library's Haviland Heidgerd Historical Collection, author of two local history books and writes a regular column for the New Paltz Times highlighting local news published a century ago.

Eric Roth was the Archivist/Librarian for Historic Huguenot Street from 1997-2006 and is a grant reviewer with the New York State Archives.

Dr. Sally Roesch Wagner taught women's studies courses for 50 years, was one of the first doctorates in the country in women's studies. The Founder and Executive Director of the Matilda Joslyn Gage Center for Social Justice Dialogue in Fayetteville, New York and received the Katherine Coffey Award for outstanding service to museumology from the Mid-Atlantic Association of Museums in 2012.





**NEW PALTZ WEST OF THE WALLKILL**  
**FRIDAY Oct. 23, 30, Nov. 6, 13**  
**1:00-2:30**  
**Presenter: Marilou Abramshe**

Say "New Paltz" and people think of the village and the college, but there is much more. This class will focus on New Paltz west of the Wallkill River and cover such topics as: what was the original name of the river; how the geographical features like the Wallkill and the Shawangunks influenced the settlement of the "west"; who settled Libertyville, Springtown, Buttersville and why. Guest Speaker Nell Boucher Archivist at Mohonk Mountain House will discuss how did Mohonk begin and how has it influenced the growth of New Paltz.

Marilou Abramshe loves history and the researching of it. Since moving to Esopus in 2009, she has delved into local history and presented various aspects of Ulster County history at local historical societies and service groups. She has been a familiar presenter at LLI.



**BOOK DISCUSSION- SPECIAL INTEREST**  
**GROUP**  
**THURSDAY Sep. 24, Oct. 15, Nov. 12**  
**11:00-12:30**  
**Presenter: Judy Reichler**

We will read and discuss three books that explore what it means -- and what it takes -- to be a survivor.

**Sept 24:** *Miracle in the Andes* by Nando Parrado with Vince Rause

**Oct 15:** *The Island of Sea Women* by Lisa See

**November 12:** *White Oleander* by Janet Fitch

Judy Reichler likes to read and discuss books that raise interesting personal or societal issues. Judy will facilitate the discussion so that everyone can have the benefit of hearing different perspectives without judgment